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LOOK WHO'S STEPPING IN

Daly does 'Today' after Bush whacked. 24

Andy Grammer's guide to writing love songs. 28

Rangers optimistic heading into season. 31

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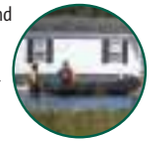
HIGH-PRICED 'HOODS

Research firm ranks city's priciest neighborhoods. 2

ISTOCK

3 things you need to know

HUNDREDS STRANDED IN NC FLOODS AFTER HURRICANE MATTHEW

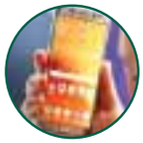


Hundreds of people were rescued by boat and helicopter as floodwaters inundated North Carolina towns in the wake of Hurricane Matthew, and officials warned that life-threatening flooding from swollen rivers would continue for days. In the United States, the number of fatalities rose to at least 23, with nearly half in North Carolina. North Carolina's skies were clear on Monday after the state received as much as 18 inches of rain from Matthew over the weekend, but raging rivers and breached levees posed major problems. REUTERS

TOP COURT DECLINES TO HEAR TOBACCO ARBITRATION DISPUTE

2 The Supreme Court on Tuesday let stand lower court rulings allowing Pennsylvania and Maryland to keep tens of millions of dollars in a dispute with tobacco companies involving the massive 1998 settlement over deceptive marketing and advertising of cigarettes. The justices declined to hear appeals, filed by Reynolds America Inc., Altria Group Inc. and other companies that were part of the settlement, of rulings that had favored Pennsylvania and Maryland regarding the amount of the annual payment that those states should receive under the deal. The dispute centered on the 2003 annual payment that companies that participated in the settlement were required to make to the various states as part of the deal. An arbitration panel found that six states, including Pennsylvania and Maryland, had not met their side of the bargain to ensure, as required, that companies that were part of the settlement did not disproportionately lose market share as a result of the terms of the deal to competitors that shunned it. REUTERS

SAMSUNG SCRAPS GALAXY NOTE 7 OVER FIRE CONCERNS



3 Samsung scrapped its flagship Galaxy Note 7 smartphone on Tuesday less than two months after its launch, dealing a huge blow to its reputation and outlook after failing to resolve safety concerns. Samsung announced the recall of 2.5 million Note 7s in early September following numerous reports of the phones catching fire and on Tuesday it finally pulled the plug on the $882 device in what could be one of the costliest product safety failures in tech history. The decision to scrap the Note 7 came after fresh reports of fires in replacement devices prompted new warnings from regulators, phone carriers and airlines. REUTERS

METRO'S NEWS QUIZ

You read Metro to stay on top of the news. Now's your chance to find out how much you know. Take our daily news quiz to test your knowledge by going to www.metro.us/news-quiz to submit your answers.

1. What has happened to the Russian woman who accused former Gov. Elliot Spitzer of assault since she returned to the U.S.?

2. Where do the Jets rank in this week's Metro NFL Power Rankings?

3. Andy Grammer is having a "bromance of a tour" with which fellow pop singer-songwriter?

Shoppers crowd the streets in the popular SoHo neighborhood. GETTY IMAGES

New York City's new most expensive neighborhoods might surprise you

A new ranking of the 50 most expensive sections of New York City shows big shifts in sales patterns.

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Buyer bewealthy. Some surprising New York City neighborhoods surged to the top of the list of the city's priciest dwellings between July and September 2016, according to property research firm Property Shark.

The "Top 50 Most Expensive Neighborhoods in NYC Q3" list shows the changing real estate landscape of a city in which once-unpopular neighborhoods are suddenly all the rage.

"The way to think of this housing boom of the last four years is an outward radial push from Manhattan to brownstone Brooklyn and beyond to other boroughs and suburbs," real estate consultant Jonathan Miller told Metro.

Chic areas in Manhattan still round out the top-three spots: Tribeca and SoHo remain lofty as the top two, with median sale prices of $4.44 million and $3.6 million respectively. Sale prices in both increased by more than 20 percent since last year.

NoHo placed third and actually saw the typical sale price dip 46 percent since last year, to $2.66 million.

Dumbo landed in fourth place. Homes sold for around $2.5 million, which is a 54 percent increase from last year. The jump is being attributed to a luxury development at 1 John Street that sold 30 units in three months at no less than $2.2 million.

Dumbo's place on the list is unusual because outer-borough neighborhoods generally do not out-price Manhattan's notoriously pricey sections such as Greenwich Village, which is ninth on the list with a median sales price of $1.65 million.

"Brooklyn is no longer seen as the cheaper alternative. It's Manhattan's direct competitor. It's its own brand," said Miller. "Queens is the new Brooklyn. The Bronx is the new Queens."

Another example of an outer-borough neighborhood that spiked is Forest Hills Garden — the rather exclusive area of Queens with large, private homes. The neighborhood ranked 11th on the list of 50 with a median sale price of $1.56 million, above both midtown Manhattan and the Upper West Side.

It's not that Manhattan has gotten less popular; explosive population growth (five years ahead of Census projections), as well as job growth (NYC currently has the highest amount of employees in history) has more people with fewer housing options, which skews the supply-demand dynamic toward luxury, Miller explained.

Miller also pointed out that the numbers on this quarter's list are wildly skewed because of new housing developments that go up and then sell out in one quarter. "It means that a ton of property, or none, closed in that quarter. It does not mean that prices have permanently changed somewhere and that people are facing massive depreciation."

Another eye-popper is Roosevelt Island with a median sale price of $1.08 million, which represents a 128-percent increase from last year. It's the biggest price jump on the list. Property Shark asserted that the increase is attributed to a lower number of transactions and influenced by co-op sales at two new developments, Island House and Riverwalk Court.

Areas that traditionally boast astronomical sales prices also became pricier: Greenwich Village saw a 61 percent year-to-year increase in the typical sales price to $1.65 million and Central Midtown recorded a 41 percent increase to $1.3 million.

Some neighborhoods retained their most-expensive status despite a decrease in the median sale price. NoHo, ranked high at the No. 3 spot, dropped 46 percent from last year — the typical sale dipped from $7.6 million to $2.66 million. However, the figure is based on only six sales.

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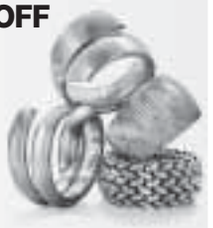

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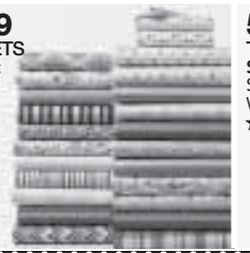

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CUNY, SUNY presidents step down amid different federal investigations

Alain E. Kaloyeros is one of nine Cuomo associates implicated in the pay-to-play scandal.

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Lisa Coico (left) tendered her resignation from CUNY on Friday. Alain Kaloyeros (right) resigned from SUNY Poly on Tuesday. GETTY/SUNY

"I recognize that my continued leadership would pose a distraction from SUNY Poly continuing its good work."

Alain E. Kaloyeros

It's been a tough week for a couple of New York public university presidents. Both Alain Kaloyeros, president of SUNY Polytechnic Institute and Lisa Coico, the president of CUNY, quit amid unrelated investigations.

Kaloyeros, an admired nanotechnology whiz and economic development leader, was president and CEO of SUNY Polytechnic Institute in Utica from January 2015 until Tuesday morning. In September he was one of nine charged in the massive bribery and fraud scandal that quaked the administration of Gov. Andrew Cuomo.

"I recognize that my continued leadership would pose a distraction from SUNY Poly continuing its good work," he wrote in his resignation letter.

Kaloyeros, who had already been suspended by the school without his $800,000 salary, pleaded not guilty on Sept. 23 to three felony charges that carry a maximum of 12 years in prison.

Coico, who was president of City College of New York since 2010 and who stood next to Michelle Obama as she delivered June's commencement address, resigned on Friday.

Coico allegedly used money from the 21st Century Foundation, which raises money for CUNY, reports by The New York Times revealed. The money, which is said to have been spent on housekeeping, furniture and food, including organic glazed nuts, was in turn reimbursed by another foundation that controls research funds for the entire CUNY system, according to reports.

The Times had questioned the veracity of an internal memo about the reimbursements, as well as if Coico had paid back a $20,000 deposit on a rental home.

Federal prosecutors subpoenaed Coico in July.

The issues regarding Coico's expenses are said to date back to 2011, when the college had begun to itemize more than $155,000 of her spending in three categories: college, personal and "iffy," the Times reported. CUNY's general counsel ordered her to repay $51,000, which she did, but there are outstanding balances.

BRIEFS

Central Park jogger dragged into woods, beaten and robbed

A woman jogging through the northern end of Central Park was attacked by a lone mugger Monday night, police said.

The victim, 28, was jogging near East Drive at 107th Street at about 9:30 p.m. when she was grabbed from behind and thrown to the ground. The attacker then dragged her into a wooded area where police said he punched her, kicked her in the head and attempted to molest her.

He took her iPhone out of her pocket and ran, police said. Her phone tracker last pinged in the Bronx.

The man is described as in his 30s, with a scruffy beard and wearing a dark jacket and an orange T-shirt at the time.

Anyone with information is asked to call the NYPD Crime Stoppers Hotline at 1-800-577-TIPS.

AMANDA MIKELBERG

ISTOCK

City may permit more food trucks, street vendors

New Yorkers might have a new wave of food trucks and carts on the streets soon, as the City Council considers legislation to gradually double the number of food vendor permits issued by the city.

The proposal calls for spreading the new permits over seven years, giving 600 more street vendors the right to start doing business legally each year, The New York Times reported.

The city's Health Department has kept the number of permits it issues at about 4,235 since the early 1980s. The cap has prompted many venders to resort to buying permits on a black market, where the full-time permits can cost as much as $25,000, the Times reported.

GETTY IMAGES

Street vendors currently pay $200 for a city permit that can be renewed indefinitely. The proposed legislation would hike the fee to $1,000 for a two-year permit.

Council Speaker Melissa Mark-Viverito and several council members are sponsoring the legislation as a means of curtailing the black market for permits. GARY KANE

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Russian woman who accused Eliot Spitzer of assault busted for trying to extort him

Police said the 25-year-old was trying to squeeze $50,000 from the former governor.

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A woman who accused former Gov. Eliot Spitzer of assaulting her at The Plaza Hotel in February was arrested Monday upon returning to New York from Russia. GETTY IMAGES

The notorious Russian woman who accused former Gov. Eliot Spitzer of assaulting her was arrested Monday night after returning to the country and allegedly attempting to extort $50,000 from him.

Svetlana Travis, aka Svetlana Zakharova, was charged with grand larceny by extortion, and accused of trying to shake down Spitzer following allegations that he attacked her at The Plaza Hotel. The disgraced governor denied the allegations at the time.

Details about the alleged extortion attempt were unavailable.

Travis was also charged with second-degree forgery in a separate case in which police said she used the information of a Bloomfield, New Jersey, man to sign a lease agreement that cost him $18,000.

Travis had known Spitzer, 56, "for a period of time" when the two met on Feb. 13 at The Plaza before she planned to return to Russia, his attorney Adam Kaufmann said at the time.

"They had a brief and amicable conversation, and then Mr. Spitzer left," Kaufmann had said in a statement. She later called and asked him to return and was "highly emotional and was threatening self-harm," he added.

Travis attempted to cancel a 911 call she made saying she cut herself and was having a breakdown in the room the former governor had rented, police said. Kaufmann confirmed that Travis made the calls and that Spitzer "sought to keep her calm."

The woman was taken to the hospital after police noticed a cut on her arm and broken glass in the room. She told doctors she had a relationship with Spitzer and he had assaulted her, officials said. She left for Russia the following night. Spitzer wasn't charged in the incident.

Travis is expected to appear Tuesday in Manhattan Criminal Court to face both charges. Bronx District Attorney Darcel Clark is expected to handle to the case as Manhattan District Attorney Cyrus Vance recused himself from the case in February, citing past personal and professional connections to Spitzer, the New York Daily News reported.

There was no information as to whether Travis had obtained a lawyer who could comment on the charges in her behalf.

Man injured in Hoboken train crash is suing NJ Transit for safety failures

"Somebody help me," screamed Sheldon Kest, a passenger in the first car of the NJ Transit Pascack Valley train, after it crashed into Hoboken Station on Sept. 29 at 8:45 a.m.

Kest, 66, a Tenafly, New Jersey, resident who has been using the system for 50 years, announced Tuesday that he is suing NJ Transit for its safety failures that led to the Hoboken crash and caused his serious injuries and emotional trauma.

He suffered a broken nose, deep flesh wounds and his right middle finger had to be partially amputated. He was also recovering from knee surgery at the time of the crash and his healing has been compromised.

Kest is one of 114 people injured in the crash. There was one fatality, Hoboken resident Fabiola Bittar de Kroon, 34, who was standing on the platform and was killed when the ceiling collapsed.

Investigators determined from black box data that the train was going nearly twice the speed limit, 10 mph, for a train entering the station. Yet there has been no additional information about why that happened or what could have prevented it.

"I need to know, and the public has the right to know, why did it happen? How did it happen? And who should be held accountable so it doesn't happen again?" said Kest at the news conference in Newark called by his attorney Tom Kline.

The train went "over the bumper block, right through the depot" and came to a stop at a wall just before the station's waiting area," Michael Larson, a NJ Transit employee who was one of the first responders at the crash, told reporters during a CNN broadcast.

"I don't think I'll be able to board another train. Right now, I'm anxious to even ride in a car. I continue to struggle with horrific memories of this tragedy," Kest said. He described being trapped in the carriage surrounded by wreckage. "Given my recent knee surgery, there's just no way I could have hoisted myself through that window. I don't know what would have happened without those guys lifting me up," he said, adding that he looks forward to the day he can thank them in person.

Sheldon Kest was severely injured in the NJ Transit Hoboken Station crash on Sept. 29, 2016. SHELDON KEST

Kline, along with co-counsel from Andrew Duffy, added that "there is no excuse for operating that train at more than twice the speed restriction entering the station, and there is no excuse for the NJT's deadly deferral of Positive Train Control that every industry operator, expert and government regulator has known for decades prevents these accidents and saves lives."

The lawsuit is seeking an undisclosed amount for damages related to Kest's numerous doctor's bills including plastic and orthopedic surgeons and a neurologist.

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CEO: Mount Sinai Health System to start $500M renovation and expansion

The project includes a new Mount Sinai Beth Israel hospital and a "Mount Sinai Downtown" healthcare network.

KIMBERLY AQUILINA
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Mt. Sinai announced that additional renovations will provide specialized services at Union Square, including endoscopy, disease management programs and a Respiratory Institute. PROVIDED

Mount Sinai Health System announced on Tuesday that Phase 1 of a $500 million project to rebuild Mount Sinai Beth Israel and create the new "Mount Sinai Downtown" network is set to start.

The network will expand and renovate three sites of outpatient facilities, according to the hospital, which will stretch from the East River to the Hudson River below 34th Street. The network will include 35 operating and procedure rooms and a network of 16 physician practice locations with more than 600 doctors.

The project will be anchored by a new Mount Sinai Beth Israel inpatient hospital, including a new state-of-the-art emergency department, according to the health system.

Mount Sinai Beth Israel will still be open during renovations and the ER will be operational until the new department is ready, the hospital said.

"Our more than $500 million investment marks an exciting time, not only for Mount Sinai's employees and patients, but also the entire Downtown community, as we truly transform how patients access and receive the health care services they need," said Dr. Kenneth L. Davis, CEO and president of the Mount Sinai Health System.

The project includes plans to strengthen behavioral health services and New York Eye and Ear Infirmary of Mount Sinai will also get a little sprucing up.

According to Mount Sinai, all union employees affected by the transformation would be offered other union opportunities at equal pay and so far, more than 150 Mount Sinai Beth Israel hospital employees have accepted new positions at the same or higher salaries with the Mount Sinai Health System.

For more information, visit Mount Sinai's Downtown Transformation website at Mountsinai.org/downtown.

First Chipotle in South Bronx opening near Yankee Stadium

GETTY IMAGES

After a year of speculation, Chipotle will open its first location in the South Bronx by the end of the year, company spokeswoman Danielle Moore confirmed to DNAinfo without giving a specific opening date.

The eatery will be located a few blocks from Yankee Stadium at 260 E. 161st St. in The Melrose Building across from the Bronx County Hall of Justice.

The addition of Chipotle to the area, which will be housed in the same building as a recently opened Starbucks, will "inch us closer to being recognized as a place that can support more dining options, more eating options," Cary Goodman of the 161st Street Business Improvement District told DNAinfo.

The blog Welcome2TheBronx first reported that Chipotle was opening in The Melrose Building last year based on unconfirmed tips from construction workers working in the building.

The chain's other Bronx locations are in Throgs Neck, Fordham and Kingsbridge.

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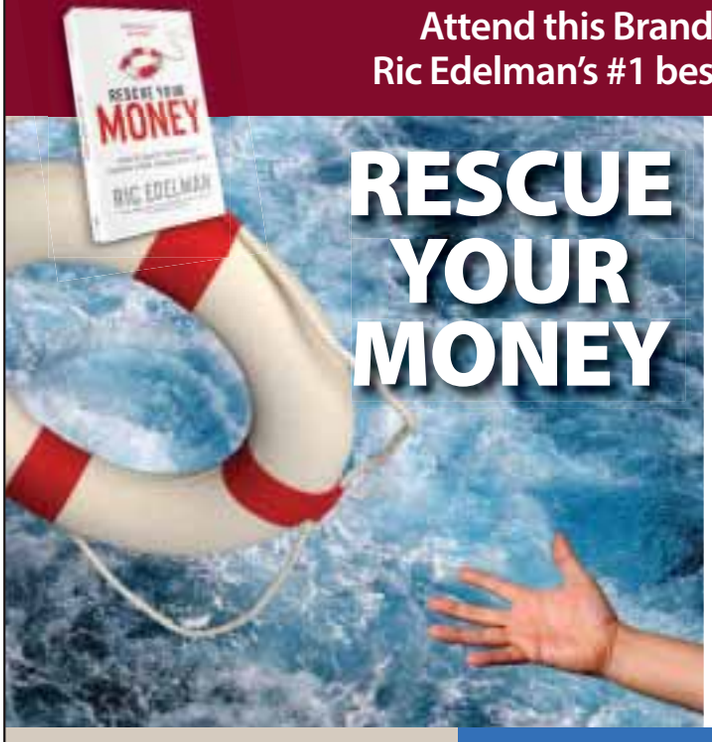

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[1]*The Washington Post*, Washington Bestsellers Paperback Nonfiction/General. March 29, 2009. Ric Edelman, Executive Chairman of Edelman Financial Services, LLC, a Registered Investment Advisor, is an Investment Advisor Representative who offers advisory services through EFS and is a Registered Representative and Registered Principal of, and offers securities through, EF Legacy Securities, LLC, an affiliated broker/dealer, member FINRA/SIPC.

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Trump says 'shackles' are off, assails House speaker, McCain

GOP nominee condemned the Republicans who have backed away from his White House run in a barrage of stinging tweets, deepening a dramatic rift in the party over his struggling campaign.

Presidential candidate Donald Trump lashed out at U.S. House Speaker Paul Ryan and other "disloyal" Republicans on Tuesday and vowed to campaign in whatever style he wants now that the party establishment has largely abandoned him.

"It is so nice that the shackles have been taken off me and I can now fight for America the way I want to," Trump said on Twitter, adding he would engage Democratic rival Hillary Clinton on his own terms.

Describing "disloyal" Republicans as more difficult than Clinton he said, "They come at you from all sides. They don't know how to win — I will teach them!"

A string of Republicans have distanced themselves from Trump since a 2005 video surfaced Friday showing him bragging crudely to a reporter about groping women and making unwanted sexual advances.

Ryan, the top Republican in Congress, told party lawmakers Monday he was breaking with Trump and would not campaign for him, all but conceding Clinton would win the Nov. 8 election. The move angered some Trump supporters, although Ryan said he would not withdraw his endorsement of the New York businessman.

Trump slammed Ryan as a "very weak and ineffective leader" and complained in another tweet that it was hard to do well with "zero support" from Ryan and others. He also took aim at Sen. John McCain of Arizona, the Republican presidential nominee in 2008, who said Saturday that he could not vote for Trump.

"The very foul-mouthed Sen. John McCain begged for my support during his primary (I gave, he won), then dropped me over locker-room remarks," Trump said. There was no immediate reaction from McCain, who secured his primary-election win in August.

Trump, whose campaign has been marked for months by controversies over both his policies and his brash style, has slipped further behind Clinton in opinion polls.

An NBC News/Wall Street Journal poll taken after a Sunday's debate and released Tuesday showed Clinton with a nine-point lead on Trump, winning 46 percent of likely voters compared to Trump's 37 percent.

Republican U.S. presidential nominee Donald Trump speaks at a campaign rally in Ambridge, Pennsylvania.

Many Republicans are worried his chaotic campaign could hurt their chances of holding majorities in the House of Representatives and Senate in next month's election, and will inflict long-term damage on the party.

In an extraordinary party revolt, nearly half of all 331 incumbent Republican senators, House members and governors have condemned Trump's lewd remarks on the video, and roughly one in 10 have called for him to drop out of the race, a Reuters review of official statements and local news coverage indicates.

Unlike Ryan, Republican National Committee Chairman Reince Priebus told RNC members Monday that the committee, the party's leadership and fundraising arm, still backed Trump, two RNC members told Reuters. REUTERS

Republican candidate for President Donald J Trump GETTY IMAGES

"The very foul mouthed Sen. John McCain begged for my support during his primary (I gave, he won), then dropped me over locker-room remarks."

Trump

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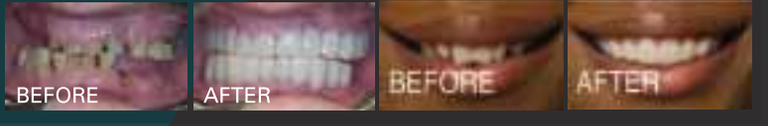

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US justices to weigh detainee suit against Bush officials

The U.S. Supreme Court agreed to decide whether to block a lawsuit against former Attorney General John Ashcroft and others by non-U.S. citizens, mainly Muslims, swept up after the Sept. 11 attacks who said they were abused in detention.

The senior officials under former President George W. Bush, also including former FBI Director Robert Mueller and Immigration and Naturalization Service Commissioner James Ziglar, have asked the justices to reverse a 2015 lower court ruling allowing the long-running suit to proceed.

The civil rights lawsuit seeks to hold the former officials responsible for racial and religious profiling and abuse in detention that the plaintiffs said they endured after being detained following the 2001 attacks by al Qaeda Islamic militants on the United States.

The brief order said two justices, liberals Elena Kagan and Sonia Sotomayor, will not participate, meaning only six justices will hear the case. The court remains one justice short following Antonin Scalia's February death.

The suit was filed by a group of Muslim, Arab and South Asian non-U.S. citizens who, their lawyers said, were held as terrorism suspects based on their race, religion, ethnicity and immigration status and abused in detention before being deported.

They were charged only with civil immigration violations. But the plaintiffs said they were subjected at Brooklyn's Metropolitan Detention Center to 23-hours-a-day solitary confinement, strip searches, sleep deprivation, beatings and other abuses and denied the ability to practice their religion.

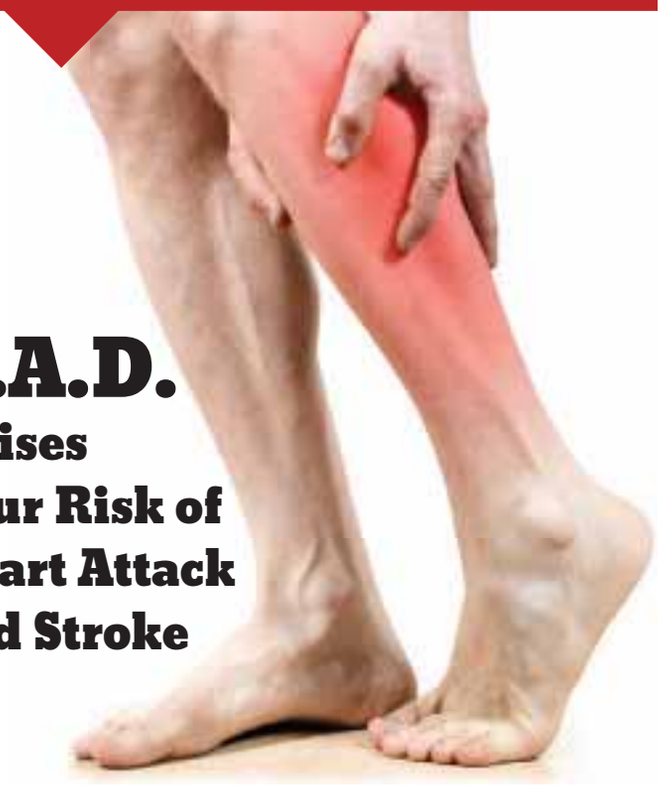
Mueller

They said their rights under the U.S. Constitution to due process and equal protection under the law were violated.

The plaintiffs include Benamar Benatta, an Algerian Muslim who was seeking refugee status in Canada, and Ahmed Khalifa, an Egyptian Muslim who said he was on vacation.

During the U.S. Justice Department's massive investigation after the 2001 attacks, certain immigrants in the country illegally were detained until being cleared of Sept. 11 involvement.

The New York-based 2nd U.S. Circuit Court of Appeals ruled that Ashcroft, Mueller and Ziglar could be sued, based on a 1971 Supreme Court ruling. REUTERS



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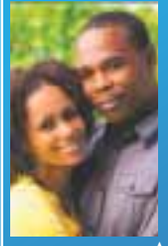

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Gunman kills 14 at shrine in Afghan capital, police say

Thirteen civilians and one police officer died and 36 people were wounded, said Ministry of Interior spokesman Sediq Sediqqi.

An Afghan wounded woman receives treatment at the Ali Abad hospital after an attack by gunmen inside the Kart-e- Sakhi shrine in Kabul on Tuesday. Gunmen targeted Shiite pilgrims in Kabul late Tuesday, killing at least 14 people as they gathered to celebrate Ashura. GETTY IMAGES

At least 14 people were killed on Tuesday when a gunman in a police uniform opened fire on worshippers gathered at a shrine in the Afghan capital of Kabul for a Shi'ite holy day, officials said.

Ministry of Public Health officials said at least 43 people had been injured in the incident and had been taken to hospitals in the city for treatment.

The attack began just before 8 p.m., police said, with witnesses reporting an explosion followed by gunfire.

"People were gathered inside the shrine for worshipping when the attackers arrived, first they shot the policemen at the gate of the shrine and then they entered the compound," said Sardar Hedayat.

Anguished worshippers carried the bodies of dead and wounded people from the iconic building, which is covered in brilliant blue tiles.

Initial reports put the number of attackers at three, but Sediqqi said police special forces who responded to the scene found and killed only one gunman.

The attacker was dressed in a police uniform, said Jamshid Jan, who witnessed the attack.

An angry crowd surrounded and kicked at the suspected attacker's dead body, with some vowing to burn his remains, before police intervened.

Security forces at the scene evacuated the shrine as the attack unfolded, said Kabul police chief Abdul Rahman Rahimi.

The attack occurred at one of Kabul's largest shrines as Shi'ite Muslims gathered to observe the Ashura holy day, which commemorates the 7th century death of a grandson of the prophet Mohammed.

There was no immediate claim of responsibility. A Taliban spokesman denied any involvement.

Afghanistan's chief executive, Abdullah Abdullah, condemned the shooting and vowed to "hold terrorists (and) their supporters accountable."

Afghanistan has largely avoided widespread sectarian violence between Sunni and Shi'ite Muslims, but Afghanistan's Shi'ite minority has complained of discrimination and has faced increased threats.

At least 84 people were killed and another 130 injured in a suicide attack on a Shi'ite demonstration in July. That attack, during a protest march in Kabul, was claimed by Islamic State.

In 2011, Ashura gatherings were targeted by suicide bombers in Kabul and the northern city of Mazar-i-Sharif, killing about 80 people altogether. REUTERS

"People were gathered inside the shrine for worshipping when the attackers arrived, first they shot the policemen at the gate of the shrine and then they entered the compound."

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Pentagon hints at possible retaliation after Yemen missile fire

The Pentagon on Tuesday warned that whoever fired missiles at a U.S. Navy destroyer and an accompanying ship off the coast of Yemen over the weekend had done so "at their own peril," language that suggested preparations for possible retaliation.

Two shore-launched cruise missiles, which U.S. officials believe were designed to hit vessels at sea, were fired at the U.S. Navy ships on Sunday from Houthi-controlled territory of Yemen, just north of the Bab al-Mandab Strait.

Both failed to hit the ships but the attack, which was first reported by Reuters, could deepen U.S. involvement in Yemen. U.S. military action in the country has largely been reserved for the battle against al Qaeda's affiliate, al Qaeda in the Arabian Peninsula, not the Houthis.

"Anybody who takes action, fires against U.S. Navy ships operating in international waters, does so at their own peril," Pentagon spokesman Capt. Jeff Davis told a news briefing.

Asked whether the Pentagon was developing targets for retaliatory strikes, Davis said: "I'm not confirming that right now."

U.S. support for a Saudi Arabia-led coalition battling the Houthis has been reduced in recent months, and had been under review amid growing concerns about civilian casualties in Yemen's war. It includes refueling Saudi jets that are carrying out strikes.

The Houthis, allies of Iran who drove the Western- and Saudi Arabia-backed President Abd Rabbu Mansour al-Hadi from the capital in 2014, have denied firing at the USS Mason guided missile destroyer and the USS Ponce, an amphibious transport dock.

The Pentagon building in Arlington, Virginia GETTY IMAGES

But U.S. officials have told Reuters that Washington is operating under the assumption that Houthi forces fired the cruise missiles on Sunday.

Davis suggested as much Tuesday, noting the Houthis had previously acknowledged responsibility for firing on a vessel from the United Arab Emirates a week earlier.

"The Houthis have said publicly before that they would target any ships in that area that were supporting the coalition against them," Davis said.

"So the facts certainly seem to point to it, but we are still assessing and we will have more for you."

The strikes against the UAE and U.S. vessels risks disrupting commercial traffic through the Bab al-Mandab Strait, one of the world's busiest routes.

REUTERS

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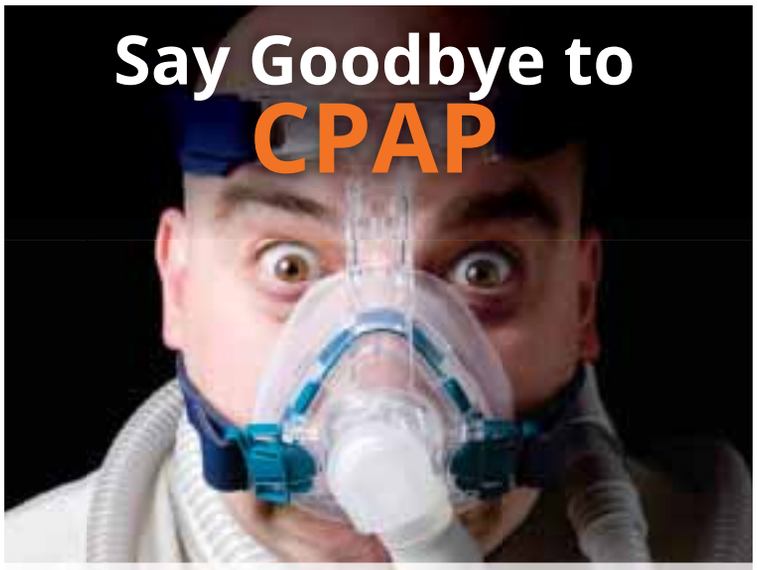

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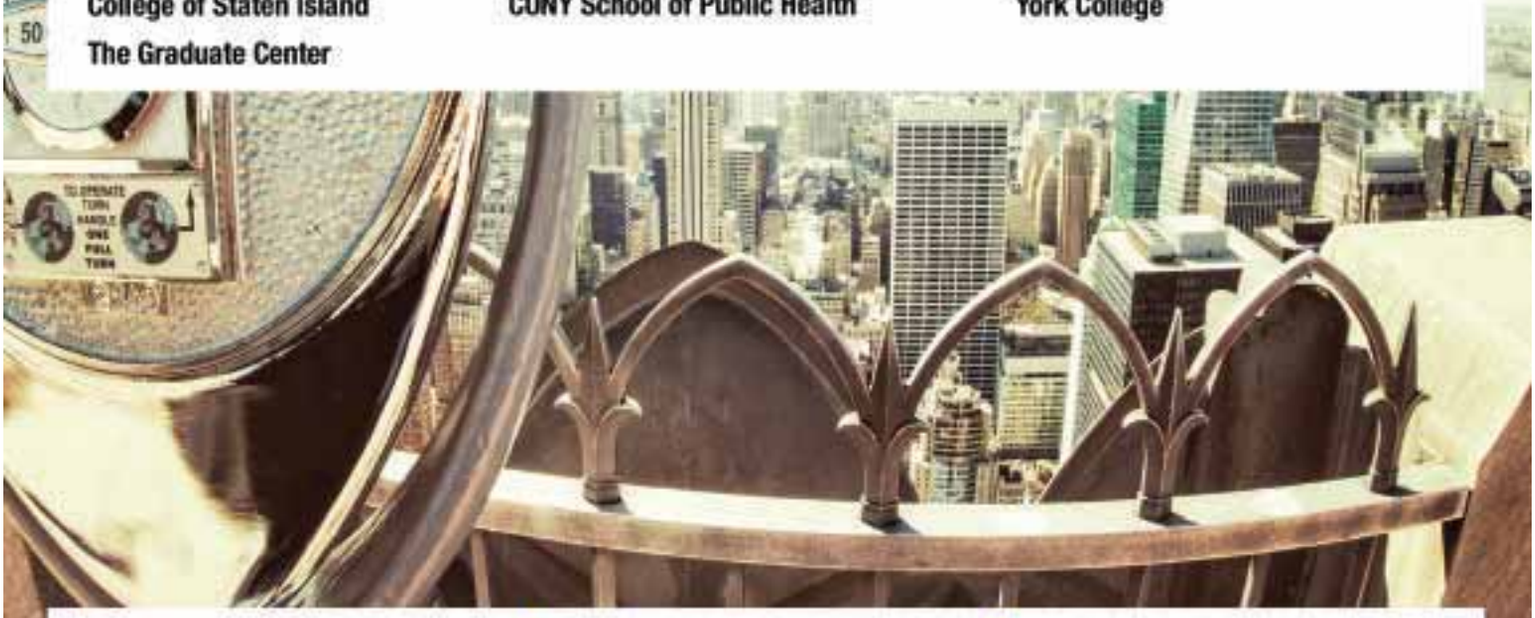

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By *NY Pain MD*

***NY Pain MD* is a medical clinic with locations in Midtown NYC and Uptown NYC that has treated thousands of knee arthritis and joint pain patients.**

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NY Pain MD is a well established medical clinic that has treated thousands of knee arthritis sufferers and joint and back pain sufferers. Patients travel from all over the area and even several states away from NYC to be treated at one of their clinics because they want the best medical treatments available. What you are about to discover are two REAL medical treatments. Not miracle cures you see on infomercials or non -medicial treatments promoted on the internet.

Know this fact: There is no cure for arthritis. But there are these two treatments that have already helped thousands of knee arthritis sufferers - possibly just like you.

The first treatment is more common than the second. Even if you have heard of this treatment - or even tried it without good results - please read this. You will find out why it may not have worked for you and how you may be able to get much better results.

#1 Viscosupplementation

Viscosupplementation has gained quite a bit of popularity in recent years and it has gotten mixed results for a couple of reasons.

But before we get into that,here's what you need to know about viscosupplementation.

When you have arthritis, you suffer a decrease in the lubrication fluids in your knees.

In other words, your knee joints basically "dries up."

The lubricating fluid that decreases is called "synovial fluid." pharmaceutical companies (with the help of doctors) can now make ***natural*** synovial fluid gel-like compounds that, during viscosupplementation treatments. Doctors can precisely introduce directly into the knee and other joints.

This helps replace the lubricating fluid to the knee joint - allowing it to move more freely and smoothly and often decreasing or even eliminating the pain.

What Results Can Be Expected?

Like all medical treatments, the results vary and can not be predicted. But many knee arthritis sufferers get dramatic results. It is not uncommon for patients to either postpone knee replacement surgery for years... or even permanently cancel it.

But There Is A BIG Problem

The key is the treatment must be EXTREMELY PRECISE. If the procedure is slightly off, the medication will not get into the knee joint and the treatment will not work.

That's why the experts at ***NY Pain MD*** use Precision Arthritis Targeting Technology so they can actually see the lubricant going directly into the knee joint during the treatment.

Research shows that doctors performing joint injections without this technology can miss the joint as much as 30% of the time.

If you have tried viscosupplementation without this imaging technology without good results - this may be why.

That's why ***NY Pain MD*** takes it even one step further. They do not just use one step process of advanced imaging during treatment - they use two in their "double confirmation" process. This is to ensure patients get the best possible results.

Another Important Factor

Viscosupplementation medications also come in several different "brands" and chemical make-ups. Just like all medications, some people respond better to one than another. So, the experts at ***NY Pain MD*** use several and great effort is taken to figure out what is the best one for YOU.

One last thing: The experts at ***NY Pain MD*** have found that earlier you start Viscosupplementation the better.

This is most likely because the longer you wait - the more joint destuction takes place.

That's why ***NY Pain MD*** is now seeing so many patients as young as 35 to 40.

Summary: If you have knee arthritis pain and have not tried. Viscosupplementation you should look into it as soon as possible.

If you have tried it without good results. you may still be able to get great results with the proper imaging and specific medication.

What Should You Do If Viscosupplementation Fails?

When conservative treatment, including viscosupplementation fails ... most knee arthritis sufferers believe their only option is total knee replacement surgery.

This is not true...and here is why

There is another treatment for serious knee arthritis pain most people (and even doctors) do not know about.

#2: Radiofrequency Treatment

This treatment is technically called, "Radiofrequency Neurotomy." Or RF for short.

RF is a procedure that is based the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

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Knee Arthritis Suffers Successful Treatments?

Needs To Know - Before Or After Knee Replacement Surgery

Several branches of nerves that surround the knee are known as "genicular nerves."

Radiofrequency waves are delivered to the genicular nerves under advanced imaging to "block" the nerve from transmitting pain signals.

There are two distinct parts to this treatment. First, a test, diagnostic "G Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, then one to two weeks later, Radio Frequency waves are applied for term relief.

Is It Safe?

Research has shown this to provided significant relief for some patients. to procedure to be safe and effective.

One study published November 4, 2010 in the journal Pain found that RF treated subjects on average "achieved at least 50% knee pain relief at 1,4 and 12 weeks, respectively. No patient reported a post procedure adverse event during the follow-up period.

Some studies indiciate some patients may get years of relief in some cases. "RF neurotomy (radio frequency treatment) of genicular nervers leads to sigficant pain reduction and functional improvement in a subset of elderly chronic knee osteoarthritis pain, and thus may be an effective treatment in such cases."

It should also be mentioned that, like all procedures, results will vary patient to patient

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and viscosupplementation do not offer good enough results.

RF can be utilized before resorting to total knee replacement. RF allows many patients to avoid knee replacement surgery.

RF has also been found effective AFTER knee replacement surgery when the patient still feels pain.

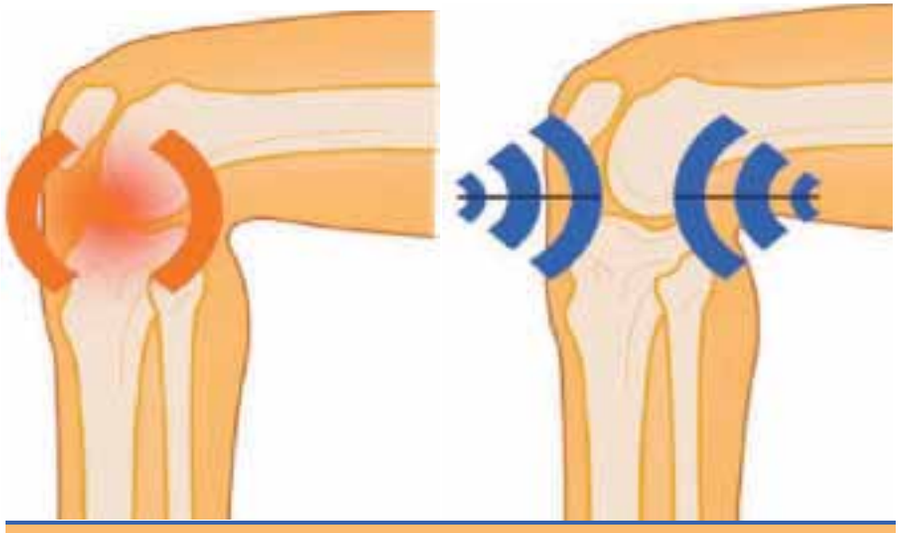
The pain after a failed knee replacement surgery can be debilitating and this procedure can be the only thing that helps and give you relief.

What To Do Next If You Are In Pain

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof.

anced Treatment Uses Medical Radio Frequency Waves To Relieve Pain



Science rescues knee arthritis sufferers?: **Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many. Many patients still in pain after a knee replacement may respond very well to these treatments allowing the possibility of avoiding additional surgery.**

This way, the doctors working on your case can give you a proper examination and advise the best possible treatment plan for your individual case.

Several experts work as a team to offer you the best treatment options at the appropriate time to maximize results. It is also very convenient to have all your doctors and treatments in one place. Traveling to different offices can be time consuming and even more expensive.

NY Pain MD believes this "X" factor is one of the reasons so many knee arthritis sufferers travel from all over to be treated at their advanced medicial clinics.

NY Pain MD offers a limited number of complimentary knee arthritis treatment screenings every month. These screenings are a way for knee arthritis sufferers to get some of their ques-tions answered and see if they are a candidate for one of the cutting-edge treatments offered at ***NY Pain MD***

If you would like a complimentary screening, just call 855-456-PAIN [7246] and tell the scheduling coordinator "I would like a complimentary knee arthritis screening." The screenings fill up fast every month. If you do not call in time to get one this month, the scheduling coordiantators will get you appointed for next month

This screening is no cost and no obligation. Many of the treatments offered are covered by many insurance plans and Medicare

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BRIEF

Top court grapples with Apple-Samsung iPhone patent feud
The Supreme Court signaled a willingness to reduce the potentially huge penalties imposed for ripping off a patented design as it heard arguments in the legal fight over the amount Samsung should pay Apple for copying the iPhone's distinctive appearance.

The eight justices heard arguments by lawyers for the world's two top smartphone manufacturers, as well as the U.S. government, in Samsung's challenge to the $399 million it was forced to pay Apple for violating three patents regarding the iPhone's rounded-corner front face, bezel and colorful grid of icons.

Some of the justices expressed deep skepticism over how, in practice, juries could figure out which part of a product a design applies to, in order to calculate damages for patent infringement.

"If I were a juror, I wouldn't know what to do," Justice Anthony Kennedy said.

Smartphones like Cupertino, California-based Apple's iPhone and South Korea-based Samsung Electronics Co. Ltd.'s Galaxy have become an indispensable part of everyday life for many people worldwide, as well as huge business for their makers. As such, the two companies have become increasingly bitter rivals as Samsung seizes an enviable share of the market.

The case came before the Supreme Court on same day Samsung scrapped its flagship Galaxy Note 7 smartphone following reports of the phones catching fire in one of the costliest product safety failures in tech history. The device, launched in August, was supposed to have competed with Apple's latest iPhone for supremacy in the smartphone market. REUTERS

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Sprint to provide 1M students with free internet, mobile devices

White House's ConnectED initiative to give lower-income high schoolers high-speed web access set the groundwork for carrier's plan to give phones, tablets, laptops or hot spots to 1 million kids within five years.

Wireless carrier Sprint Corp. on Tuesday pledged to provide 1 million high school students with free mobile devices and internet access as part of a White House initiative to expand opportunities for lower income kids.

Marcelo Claure, chief executive of Sprint, said the plan builds on the company's prior commitment through the White House's ConnectED program to get 50,000 students high speed internet.

He said Sprint realized that while providing students with internet at school was helpful, students would still need to be able to use the internet at home.

"We are going to equip 1 million kids with the tools they need to reach their full potential and achieve their dreams," Claure told reporters on a White House call.

President Barack Obama will travel to Greensboro, North Carolina, on Tuesday to participate in a town hall on race and sports and to highlight the administration's work to improve the lives of disadvantaged youth through its My Brother's Keeper initiative and other programs.

Sprint aims to give cellphones, tablets, laptops or mobile hot spots to students who do not have internet at home. Students would be able to choose the type of device that might meet their needs and it would be coupled with four years of free data plans.

The company hopes to reach its goal of a million students in five years.

Manufacturers have agreed to provide the mobile devices at no cost, Claure said. He also said the company would encourage customers to donate their old devices to the program and that it would not cost Sprint much to allow the free use of its network.

"I think we are working to address a huge problem that we have in our country which is the digital divide and the homework gap," Claure said. "Most people would assume internet is a given for everyone in the United States and that's the way it should be, but it's not."

He said children in more than 5 million U.S. households today lack internet connection at home. REUTERS

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Obama says work has begun on habitats to help humans reach Mars

President Barack Obama, highlighting his pledge to send people to Mars by the 2030s, on Tuesday announced further public-private efforts to build habitats that could help humans live long-term far from the Earth.

"We are working with our commercial partners to build new habitats that can sustain and transport astronauts on long-duration missions in deep space. These missions will teach us how humans can live far from Earth — something we'll need for the long journey to Mars," Obama said in an opinion piece on CNN's website.

His comments come ahead of a meeting planned by the White House in Pittsburgh this week to team up scientists, students and others to advance the commercial space market, Obama said.

Mars Reconnaissance Orbiter shows dark, narrow streaks on the slopes of Hale Crater that are inferred to be formed by seasonal flow of water on surface Mars. NASA HANDOUT

NASA separately said it was coordinating with commercial space companies to develop "deep space habitat modules" and create opportunities for companies to use the International Space Station's docking port.

Obama, a self-described "nerd" who last year hosted budding astronomers at the White House, has made known his love of space.

Humans have yet to travel to Mars, Earth's neighbor some 35 million miles away. Like Earth, the so-called Red Planet also has seasons, and a 2012 National Aeronautics and Space Administration (NASA) mission found conditions there once supported microbial life, according to the space agency.

It would take about eight months to get there, depending on rocket velocity, according to NASA experts.

Efforts to fund the space program have faltered in recent years over concerns about fiscal priorities.

As part of the space habitat effort, NASA said on Tuesday it was entering the so-called proving ground stage to demonstrate and test various technologies over the next 10 years. REUTERS

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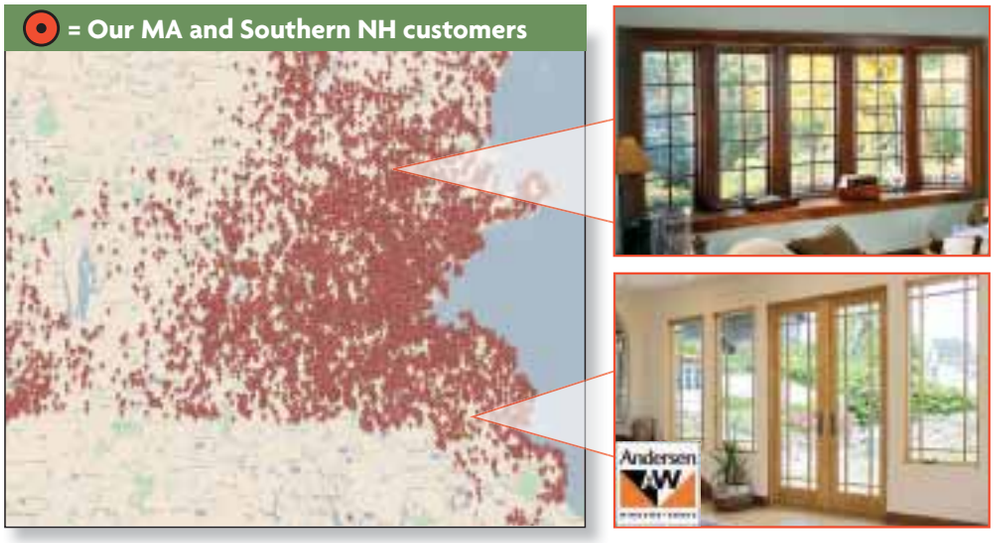

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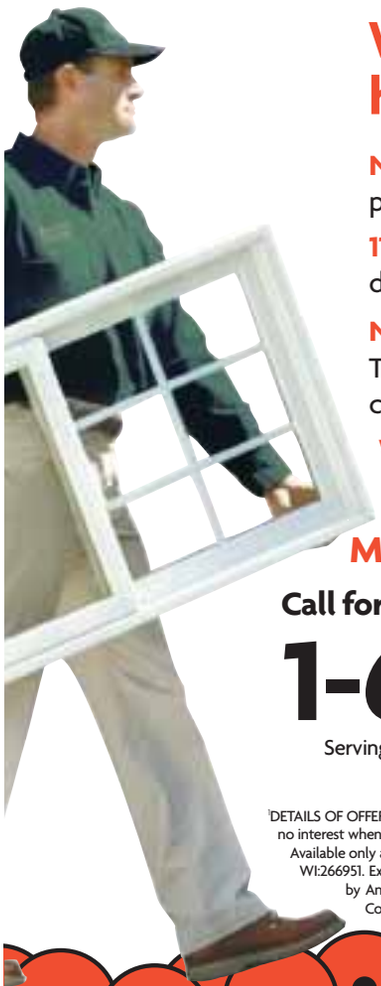

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the word

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Carson Daly fills in for suspended Billy Bush on "Today" Show

ALL PHOTOS GETTY IMAGES

It's been a rough few days for Billy Bush. The TV host's job is on the line after a video was release last week revealing Bush engaging in a sleazy conversation with Republican presidential nominee Donald Trump.

In the footage, which was recorded as the two prepared to film a 2005 episode of "Access Hollywood," Trump made several lewd remarks about women, and Bush egged him on.

Not only has the "Today" co-host been suspended from his post as a result, NBC has already found a replacement.

Carson Daly filled on Tuesday's episode. He did an on-ice interview with figure skater Sasha Cohen, and attempted and hilariously failed to perform some fancy stunts.

Carson sure has come a long way from "TRL" and Tara Reid.

Kris Jenner & Khloe Kardashian speak about Kim's robbery

You can say a lot of things about the Kardashian/Jenner clan, their line of work and the means through which they get the job done. But one undeniable fact about the high-profile family is that they stick together. We could feel this when Kris Jenner took to Instagram to share that she is "blessed" and "grateful for [her] family." She also reminded followers to cherish the time with their loved ones after her second-eldest daughter, Kim, was robbed in her Paris hotel suite.

Sister Khloe also opened up. On Tuesday, the reality star apprear on "Ellen," where she shared that Kim is "not doing that well" and describes the events in Paris as "incredibly traumatic." Khloe also took time to thank fans for their love and support. She confirmed that the family is considering toning down their social media presence as a security measure. "It is important to maybe make those adjustments ... and to pull back a little bit I think is always smart."

All of this forces us to consider: What is Snapchat without the Kardashians?

Kesha files protective order to prevent Dr. Luke from publicizing her medical records

Kesha was forced to submit over 900 pages of court-ordered medical documents in the ongoing legal proceedings between herself and Dr. Luke, the producer she accused of sexually, physically and emotionally abusing her in 2014.

On Monday, the 29-year-old singer filed a protective order against Dr. Luke to keep the information in those documents — which include "gynecological, psychiatric and rehabilitation records going back more than 10 years" — confidential, according to E! News. Dr. Luke has rejected the confidentiality request and claims he has a right to use the medical information "without condition."

This is a messy case that has involved lawsuits in multiple states and coming from both sides. Dr. Luke has vehemently denied all of the allegations made against him, and worked with Sony to force Kesha to continue to work with him under the terms of her contract. We're side-eyeing him, hard.

Chance the Rapper body slams stage crasher at FL show

Chance the Rapper got a surprise Monday night when a crazed fan rushed the stage and grabbed him during his performance of "Finish Line." But don't let the name fool you. The 23-year-old rapper wasn't taking any chances and quickly handled the situation. In a reverse-spin-body-slam move that would make a UFC fighter jealous, Lil Chano (from 79th) took the guy down in under two seconds. TMZ obtained video footage of the incident.

Security at the event actually had to help the poor intruder off the ground before escorting him off the stage.

Looks like the "No Problem" rapper might not need those dread-headed cronies after all. Maybe he should be on Kim K's new muscle team.

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Walk on the weird side

"The Brooklyn Nobody Knows" author William B. Helmreich lays out a memorable tour.

SARA FEINSTEIN
letters@metro.us

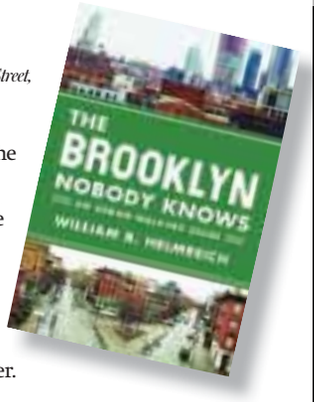
The obsession with exploring New York City started with a game called "Last Stop." Beginning at age 9, William B. Helmreich and his father would hop on a random subway line and ride it until the very end, where they would get off to walk around for a while.

"We did this for years," says Helmreich, now a professor of sociology at City College of New York. "Once we ran out of last stops, we went to the second-to-last stop, and then the third-to-last stop, and so on."

Helmreich continues to spend his free time exploring the city, block by block, with no clear destination. He affectionately calls it "the world's largest outdoor museum" and is writing a walking guide to each borough.

First up is "The Brooklyn Nobody Knows," out this week, for which Helmreich walked all of Brooklyn's 44 neighborhoods — a total of 816 miles, guided by strangers along the way and his own unrelenting curiosity.

We asked Helmreich for some of his favorite places to get you started.



Newtown Creek Nature Walk

Paidge Avenue and Provost Street, Greenpoint

This quarter-mile walkway created by the Department of Environmental Protection has a hidden entrance next to the massive Time Warner Cable warehouse. It brings art and nature into the neighborhood while showing off its industrial character.

Herman Behr Mansion

82 Pierrepont St, Brooklyn Heights

Originally built as a mansion for an industrial baron, this home has had various other incarnations: hotel, brothel, Franciscan monastery. Today, the red-brick urban castle adorned with stone lizards, lions and dragons houses 26 apartments.

Broadway Pigeons and Pet Supplies

1622 Broadway, Bushwick

This shop under the elevated J line is filled with hundreds of pigeons of all colors. "These aren't the standard pigeons you see in Washington Square Park," says Helmreich. "You gain an appreciation for these birds."

Stuffed animal tree

1430 E. 70th St., Bergen Beach

More than 1,100 stuffed animals and other toys hang from a cherry tree in the front yard of a home in Bergen Beach.

The Bushwick Collective

Troutman Street and St. Nicholas Avenue

Every building at this five-way intersection features murals created by street artists, all part of the informal outdoor gallery known as The Bushwick Collective around the Jefferson Street stop on the L train.

ADA Washer Repairs

547 Rogers Ave., Prospect Lefferts Gardens

This repair shop at the corner of Rogers Avenue and Fenimore Street looks ordinary. But step inside and you'll find the man behind the counter is also a hornsmith from the island of Carriacou, selling bird sculptures carved from animal horns.

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Don't joke about Trump

Edgar Ramirez talks "The Girl on the Train" and the decline of political discourse.

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

GETTY IMAGES

"I do movies for personal reasons," Edgar Ramirez tells us. Before he was in Hollywood movies, the Venezuelan actor was a journalist, and spent much of his life traveling the globe with his father, a soldier. When he started appearing in films, like "Domino," "Zero Dark Thirty," "Joy" and especially "Carlos," he always did so because he connected with them on a deep level.

As such, he sees a lot in "The Girl in the Train," the splashy film version of Paula Hawkins' mega-best seller about a lonely woman (Emily Blunt) who gets involved in the case of a missing woman (Haley Bennett). Ramirez, 39, has a small role in the film: He plays the therapist to the AWOL girl, who becomes one of the possible suspects.

Emily Blunt's character is prone to stalking and spying, which is something that technology has made easier. But I'd argue social media can create real connections, as well as fake ones.

I don't see technology as a threat. First of all, it's inevitable. I remember people being afraid of cellphones in the '90s. I remember my first years of college, when some of my classmates bought phones, they were ostracized. They were laughed at and bullied. Then two years later everyone had a Nokia. For me, it's nothing but resistance to change. Because it's frightening — change is terrifying. You're leaving your comfort zone. Where social media is going to take us has yet to be seen. We're only seeing the beginning of it.

Right now, it's a double-edged sword. It can be helpful but also activate our worst instincts.

There's this fake assumption that everything that is trending will necessarily have an impact and change things. When a social event is trending, the reality is: so are cats. It's not access to technology that changes things; it's how you use that technology. You still need to do the groundwork of getting your hands dirty to achieve change. Before social media, when you knew about something, it was probably because progress was already happening. Now, knowing about something doesn't necessarily mean progress is taking place.

In "The Girl on the Train," Edgar Ramirez plays the therapist treating a woman (Haley Bennett) who goes missing. DREAMWORKS PICTURES

We often joke about things like Donald Trump. It's therapeutic but it can also run the danger of trivializing them.

That's another problem: Everything's becoming a joke. That is very dangerous, because that takes away from debate. Everything's becoming so infantile; everything's supposed to be a joke. Everything's supposed to be a sound-bite or 140 characters, a meme. Those are fun; I send and receive memes and I laugh at them. But what's going on here in the U.S. is not foreign to me at all. I come from Venezuela, and I've seen what's happening here. I've seen how damaging populists, of any kind, of any ideology, can be, and the damage they inflict on society. What happens is you simplify everything so that they're easier to manipulate. It's very subversive, and not in a cool way.

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Iliza Shlesinger talks female empowerment in 'Confirmed Kills'

The new Netflix comedy special is now streaming.

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Iliza Shlesinger's newest Netflix comedy special, "Confirmed Kills," is now streaming on the network. NETFLIX

Uproariously funny comedian Iliza Shlesinger is back on Netflix with her latest comedy special, "Confirmed Kills," covering everything from the black hole of a woman's purse to finally putting an end to our obsession with mermaids. This time around, however, the 33-year-old star is more than funny voices and side-splitting humor. Shlesinger aims to use her platform to drive meaningful conversations with her audience, too. She chatted with us from her home in Los Angeles about her career beginnings and using comedy to help women.

When did you decide you wanted to do comedy professionally?

I always knew I was going to be funny for a living. Growing up in the suburbs of Dallas, I didn't have access to comedy clubs, but I think I just got it where I could. I'd take in a lot of TV, a lot of sitcoms, a lot of sketch shows and then you find other like minded kids and you form an improv troupe. I knew I was going to be funny for a living but I didn't know what that was going to look like.

You add a lot of physicality to your comedy. What inspires it?

It's sort of baked into our brains as Americans. We know bad guys flinch over, witches have creepy teeth and bony fingers. My body naturally forms to the idea of a cartoon I have in my mind and it comes out onstage and helps get the point across. The physicality of it really helps to illustrate what you're doing and it just comes out naturally.

What makes "Confirmed Kills" different from your last Netflix special, "Freezing Hot"?

When I finished "Freezing Hot," I remember feeling like I didn't get out everything I wanted to say and that I was moving toward saying something more uplifting versus just making fun of girls. There was this fire that got lit in me where I was like, 'If I keep just making fun of girls and we're all laughing at ourselves, eventually I might become part of the problem.' I found myself wanting to help women by defending them and say, 'Here's why we think the way we do and here's why the world is scary to us.' But do it in a way that girls had fun and men didn't feel alienated.

You dived deeper into issues facing women on this one.

Here's what's tough. I'm a white girl from an upper middle class family and I've never been overweight so I can't stand there like, 'Life is great. Love your body. F— the haters.' That's not the reality for most, but just because I seem one way to you doesn't mean I don't have my own things that I've battled. I've been put down for having opinions. I've been called names because I'm a girl or because I'm Jewish or for whatever reason. My whole life I've just had this thing in me where I've never had a reason to listen when somebody tells me to be quiet.

"Confirmed Kills" is now available for streaming on Netflix.

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Honey, he's good

Andy Grammer is just fine with writing love songs about love, thank you very much.

RACHEL RACZKA
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Andy Grammer says he and Gavin DeGraw are on a "bromance of a tour."

"I remember being a huge fan of 'Chariot' during the end of my first year in college," he says. "I love that record. And I'm not just a big fan, we're really good friends, too. Our bands are really tight; some of his band members played with me for a while, and vice versa."

Following up on "Fine By Me" and "Keep Your Head Up," the singer-songwriter's 2014 sophomore album, "Magazines or Novels," featured the triple-platinum, temptation-thwarting toe-tapper, "Honey, I'm Good." Now Grammer, 32, is promoting "Fresh Eyes," another effervescent feel-good single about finding new reasons to love the ones we love.

He called in from the bus between Nashville and Ohio to discuss his upcoming third album, his songwriting process and why he's cool with his love-positive lyrics.

Andy Grammer picked up an electric guitar for his upcoming third album — get a feel for it with "Fresh Eyes," his latest single. GETTY IMAGES

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How far along are you with the third album?

It's definitely hard to say, but writingwise, I'm in the third quarter. I like to write about 100 songs. I'm coming up around 75.

That's a lot of songs. Is this your normal process?

I don't know. I did it for my last album, and "Honey I'm Good" was the 101st song I wrote. So I guess I don't want to stop just yet. [Laughs]

Do you ever go back to those other 80 or 90 songs that didn't make the cut?

Sometimes you reuse them, but usually you've just done better than them and that's what makes the album. My analogy is when you see a movie with the most amazing chase scene, but the rest of the story isn't the best. That's kind of what those songs are.

It's like a Jason Bourne movie.

Totally. The thing about art is that when it's done right, it's kind of effortless. Sometimes you write things that are effortless when they come out, but you have to painstakingly go through 20 or more to get to that one. They also say, with art, you can't say whether it's good or bad, and I think that's kind of not true. When I was a street performer sometimes people stopped and sometimes people didn't stop. There's a science to it. You have it or you don't.

Do you think your time busking plays a role in your life as an artist now?

I think it does do a little bit for me — knowing that you either provide a service for someone or not. When I was performing on the street, I could feel the moments where there's a service being done and someone is giving their attention versus [when] you're just giving to their ears. One of the two are happening.

So "Fresh Eyes" is the single from the forthcoming album that's out right now, and it's about reinforcing an already existing relationship. How did that angle come about?

When you're in a relationship for a longer period of time, you have to rediscover a person. It just happens in every good relationship. There are those moments when you're like, "Oh shoot, I don't fully know you," and that makes it so much more fully interesting.

You've sort of become the poster child for healthy, happy relationships.

I guess, but it's funny though. You look at Adam Levine, who can have a bunch of hits about tortured love. Why can't I just have ones about solid love?

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213 Columbia St., 1-B CITI HABITATS

Inside Look: Eco-friendly NYC apartments

From a "passive house" to wood floors made of shipping boxes, these units are good for Mother Earth.

CRISTABELLE TUMOLA
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cristabelle.tumola@metro.us

It's not easy being green, but in these environmentally-friendly apartments it's not too difficult, either.

With energy-efficient features and reclaimed materials, it's also never been so simple to save money while not skimping on high-end design. And these homes prove it.

60 White St.

Built in 1869, this cast-iron Tribeca building has incorporated new technologies to make it a greener structure. There are three two-bedroom, two-and-a-half bathroom lofts for sale in the building, all priced for around $4.2 million. Deep-set windows in the apartments are insulated for energy efficiency and framed in reclaimed wood. The entrance gallery to 60 White St. also features a "green wall," which provides natural air filtration.

213 Columbia St., 1-B

This dwelling at 213 Columbia is one of the first multifamily buildings in Brooklyn to implement the principles of a "passive house," according to its listing. The two bedroom, one-and-a-half bathroom unit is currently available to rent for $4,408. Located in the Columbia Street Waterfront District, the apartment also features natural light and walk-in closets.

163 North 6th St., B-1

For $8,000 a month, this one bedroom, two bathroom apartment in Williamsburg was not only made with the environment in mind, but also used some creative materials. Inlaid wood floors are made from 100-year-old shipping boxes.The loft duplex also has reclaimed-wood staircases, bathrooms with reclaimed brick walls and pressed-tin ceilings. Additionally, the whole apartment has been "recycled" from one of North Williamsburg's oldest landmarks, the former St. Vincent De Paul Church.

163 North 6th St., B-1 CITI HABITATS

60 White St. DOUGLAS ELLIMAN

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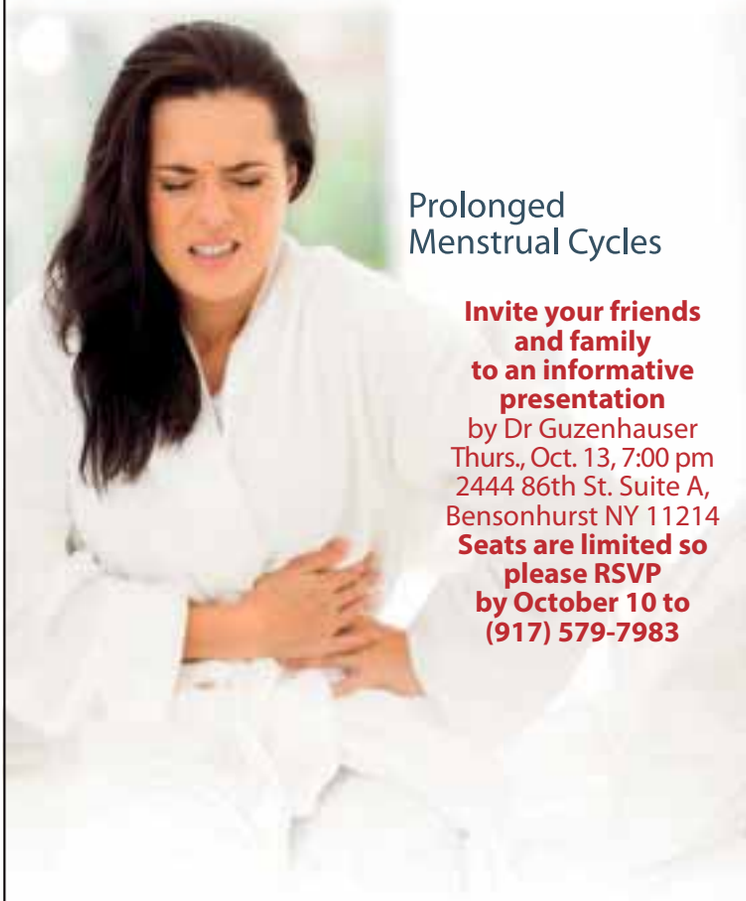

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An artist's rendering of a currently in-progress passive home in Massachusetts. AUBURNDALE BUILDERS

A different kind of smart house

Passive homes aim to boost economic benefits in the long run.

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Forget confusing gadgets and robotic accessories. The "smart house" that's changing the way homes are built is one that's energy efficient. Called "passive homes," these spaces utilize solar panels, on-demand hot water heaters, superinsulation and moisture barriers to cut their energy use, and cutting your monthly utility bills drastically.

Building and Remodelers Association of Greater Boston member Nick Falkoff is constructing a 4,500-square-foot luxury passive home in Wayland, Massachusetts.

"Passive housing has been operational in Europe for over 25 years, and is becoming a serious consideration for people concerned about climate change, energy conservation and health in the U.S.," says Falkoff, whose project, which will be completed in November, will feature an open concept layout, vaulted ceilings, oversized windows and seamless door frames.

First coined in Germany in 1991, a passive house doesn't require a hot water heater to keep showers and faucets producing piping hot water. Instead, necessities like hot water are available "on demand." Instead of holding hot water in the pipes, an on-demand or "tankless" hot water heater doesn't turn on until you turn the faucet. The system pulls cold water through a pipe to a heating unit, and sends it to the tap or shower.

Plummeting heating and cooling bills is the biggest incentive for those considering building a passive home. With triple pane windows and double insulation, the home is keeping cold air out in the winter and constantly pumping fresh air in during the warm weather. Building one is still an expensive task, but advocates say the benefits outweigh the costs.

"There is a difference in cost building a passive house, but the difference is typically offset by the return on investment," says Falkoff. "Many factors need to be taken into consideration when determining savings to the consumer, one of the least discussed benefits are health. Living in an environment where the air is always fresh and dust-free adds a level of benefit that is difficult to measure."

5 passive home features:

1. **Insulation:** At least twice as thick as today's code requires.
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Re-tooled Rangers will look to make a run

The Rangers' rivals caught up to them last season.

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Jimmy Vesey was a key addition in the offseason for the Rangers. GETTY IMAGES

The scene was the media conference room inside the Madison Square Garden Training Facility in suburban Greenburgh

At the podium was Rangers head man Alain Vigneault, answering questions on the first day of training camp about the 2016-17 New York Rangers.

Like all executives, coaches and players, Vigneault was optimistic about his team.

"I can feel the energy, I feel a refreshed group." Vigneault said. "We still believe that we're a very strong hockey team. We've got some very good experience — some guys that have played big games, important games, big minutes. We've got some younger guys who are developing who are improving. Now that we're adding younger guys, we've got a couple role players who can help us. I see good speed, which is something that I like. I like to play a fast, high tempo game. We'd like to continue that."

But after a 2015-16 season in which the Rangers were passed — both on the ice and in the standings — by rivals, the questions about this year's edition are whether they can play at the level and tempo associated by Vigneault's 2013-14 and 2014-15 teams.

Those questions will be answered over the course of the 82 game regular season campaign. But following a first round series loss to eventual Stanley Cup Champion Pittsburgh, in which the Rangers were shown to be shockingly ill-equipped and uncompetitive, general manager Jeff Gorton spent the off-season retooling his team.

"I like to play a fast, high-tempo game. We'd like to continue that."
Rangers head coach Alain Vigneault

Derick Brassard and the negotiating rights to Keith Yandle were traded to Ottawa and Florida, respectively. In return, the Rangers got Mika Zibanejad, a 2018 second round draft pick, a 2016 sixth-round draft pick and a 2017 fourth-round draft pick.

Moreover, Pavel Buchnevich signed his entry-level contract, while reigning Hobey Baker winner Jimmy Vesey agreed to a free agent pact with the Rangers. Buchnevich, Vesey and Zibanejad join a forward group that includes J.T. Miller, Rick Nash, Chris Kreider, Derek Stepan, Mats Zuccarello and Kevin Hayes. It is a deep and skilled forward corps, which should allow Vigneault to be able to roll four lines, which is in line with his philosophies.

In goal, Henrik Lundqvist is a known commodity. Even at 34, Lundqvist compiled a 2.48 goals against average and .920 save percentage despite having faced more shots (1,944 according to NHL.com) and more high danger shots (397 according to analytical website Corsica.hockey) than any goalie in 2015-16.

For as strong as the forwards and Lundqvist are, the defense — which had long been an organizational strength — is a significant question. Without Yandle and the retired Dan Boyle, the blue line lacks a puck moving, offensive defenseman. Both Dan Girardi and Marc Staal will return despite each having a subpar 2015-16. And the quartet of Adam Clendening, Brady Skjei, Nick Holden and Dylan McIlrath spent the preseason battling for the fifth, sixth, seventh and eighth defensemen slots.

Vigneault was asked about having Clendening and Holden play on their off-hand. Vigneault favors having his defensemen play on their strong side.

"We could have had three left-handed defensemen and three right handed defensemen," he said. "We were just looking at different options we could have going forward in terms of sixth, seventh, eighth defensemen. It was something we thought we needed to see."

Jets' 'O' needs to give Marshall help

Following Sunday's disappointing showing in Pittsburgh, the Jets seemingly have holes all along the dam.

What was once a competitive outing, with the Jets taking a slight 13-7 lead with 2:06 remaining in the first half, eventually turned into a runaway 31-13 defeat.

So far, there hasn't been anyone out there to pick up the slack for Brandon Marshall, who amazingly has still found a way to be successful despite the extra attention shown his way. The Jets are undermanned and have been out-executed — and Sunday was a prime example. Pittsburgh put on a clinic of long scoring drives, with four going at least 75 yards. Meanwhile, New York was shy at matching the Steelers' bravado. The Jets punted twice in the fourth quarter while down 11, once on fourth-and-1 at its own 34-yard line, and again on fourth-and-2 near midfield. Bowles said even in hindsight, he felt both decisions warranted caution — despite no earlier proof that the Jets' defense had any answer for the Steelers.

The evidence was the 12-play, 79-yard drive following the second white flag that iced the win for the home team. Bowles can be flippant when saying that "time travel doesn't work in life," when discussing controversial decisions and missed opportunities, but he should be very concerned that his offense seems to stay behind in the locker room after halftime.

During the four losses, the offense has mustered a total of 13 points after the break. They've been blanked by both the Steelers and Chiefs in the second halves, scored just six points against the Bengals in the opener, and just seven against the Seahawks. That's an average of barely more than a field goal scored per game in the second half.

Bowles insists the offense seems to improve and have "good practices" during the week leading up to the games. The problem, he deemed, is that for whatever reason guys haven't been able to "transfer that to Sundays" — although the head man wouldn't use miscommunication as a reason. Regardless, it's a nagging problem that's aided in the Jets' current standing, and one that seems to dig them a deeper hole each week.

Gailey, though, alluded to some lapses in communication which has caused the offensive lapses.

"As I have said, this is a we thing, and some can be pinned on me. Communication is the key for us all to be on the same page all of the time," Gailey reasoned. "We all have got to be on the same page and do a better job." TONY WILLIAMS

Brandon Marshall hasn't received much help this season. GETTY IMAGES

NFL power rankings | by Luke Miller

No. 1

Vikings (5-0)

Lock it down. The Vikings will be undefeated coming out of their bye when Sam Bradford returns to Philly. It will be the biggest test yet for Bradford, who has done everything the Vikings have asked of him.

No. 2

Falcons (4-1)

It's hard to write the Falcons off after their latest win. Nothing says "we're for real" quite like marching into the home of the undefeated defending Super Bowl champs and thoroughly outplaying them.

No. 3

Steelers (4-1)

Le'Veon Bell has over 150 total yards in each of his two games back from suspension, and hasn't even been the most integral cog as the Steelers rain bombs on opposing defensive backs.

No. 4

Broncos (4-1)

Cam Newton, Andrew Luck, Andy Dalton, Jameis Winston, Matt Ryan. The Broncos are 4-1 trotting out Trevor Siemian and Paxton Lynch against those quarterbacks. That's pretty impressive.

No. 5

Patriots (4-1)

Welcome back, Tom Brady. In his first game with new toy Martellus Bennett, Brady found Bennett for each of his three touchdown passes. A tougher matchup looms this week against the Bengals.

No. 6

Eagles (3-1)

The first loss, the first interception, the first questioning of sensation Carson Wentz? Hardly. With a monstrous out-of-division schedule coming, the Eagles need to take advantage in the NFC East.

No. 7

Seahawks (3-1)

After Denver's defense failed, the Seahawks' stud unit will have the next crack at stopping the Falcons and Matt Ryan. They've had a week to prepare, so the game plan should be ready.

No. 8

Packers (3-1)

A visit from the Cowboys next week suddenly looks much more challenging than it may have initially, but the Vikings' bye week allows the Packers a chance to gain some ground in the division.

No. 9

Raiders (4-1)

If Oakland wants to prove it belongs in the discussion for the AFC West crown, they have to take care of business at home. Oakland has to win this weekend against a decent Chiefs team.

No. 10

Cowboys (4-1)

The Ezekiel Elliott train has firmly left the station after 134 yards on just 15 carries Sunday. The Cowboys offense is rolling, and they're rolling without Tony Romo and Dez Bryant. Dallas leads the NFC East.

No. 11

Bills (3-2)

The reinvigoration of the Bills has everything to do with the reinvigoration of LeSean McCoy. He had 150 yards on 18 carries last week and is one of the NFL's premier runners when healthy.

No. 12

Texans (3-2)

A lot of teams have looked bad on offense against the Vikings, but boy did the Texans manage to look bad. The bigger issue is allowing a Vikings offense to mow through their defense.

No. 13

Chiefs (2-2)

The Chiefs have had a week to think about how a defense that intercepted Ryan Fitzpatrick six times two weeks ago let Ben Roethlisberger do whatever he wanted without being contested one week ago.

No. 14

Bengals (2-3)

The Bengals offense has looked like a different animal in several different games this year. After running the offense through A.J. Green against Miami a week ago, they found him just four times Sunday. It didn't work.

No. 15

Redskins (3-2)

Without being particularly impressive along the way, Washington has turned an 0-2 start around to carry a three-game win streak into their Week 6 game against Philadelphia.

No. 16

Ravens (3-2)

Two home losses in a row is frustrating for the once 3-0 Ravens. If they trusted Terrance West enough to release Justin Forsett for the second time in a month, they should trust him enough to run the ball more than 11 times.

Best of the rest

17 — Rams (3-2)
18 — Cardinals (2-3)
19 — Lions (2-3
20 — Giants (2-3)
21 — Jets (1-4)
22 — Colts (2-3)
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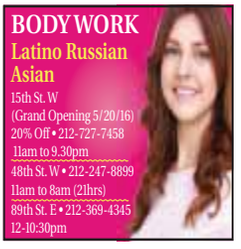

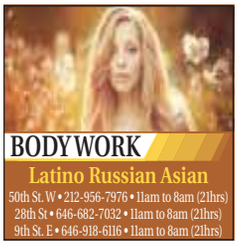
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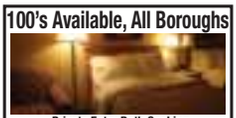

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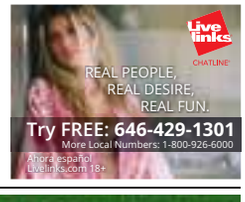

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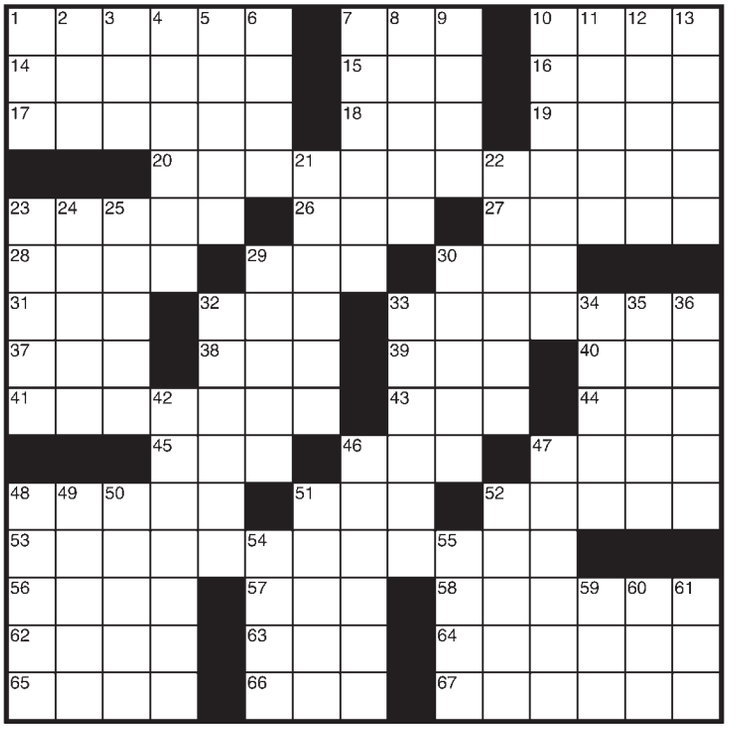
Across
1 Delayed (2 wds.)
7 Prefix for pod
10 Pharaoh's river
14 Dream of
15 Tattered cloth
16 Spinach is rich in it
17 Redheads' tints
18 Mysterious sighting in the sky
19 Like Usain Bolt
20 Avid tourist
23 Calls out
26 Soyuz destination
27 Tempestuous
28 Pretoria cash
29 Two-timer
30 "Grand -- Opry"
31 Computer language
32 Lawyer's thing
33 Fearful
37 Opposite of max
38 Seine moorage
39 Sonic-boom maker
40 Vocalist -- Sumac
41 Brief snoozes
43 Elf-sized
44 -- de guerre
45 Wedding rental
46 Make illegal
47 An evening out
48 Socrates' hangout
51 Menacing sound
52 Dromedary pit stops
53 Thunderhead
56 Secured
57 Dog-scolding word
58 Parthenon goddess
62 Border
63 Pay with plastic
64 Grimm maiden
65 Real bargain
66 Superman's emblem
67 Unruffled

Down
1 Sarcastic retort
2 Wind dir.
3 RN helper
4 Nicked
5 Europe-Asia divider
6 Pancho Villa's coin
7 Most loyal
8 White-water craft
9 Frankenstein's helper
10 More clever
11 Fuming
12 Dangerfield persona
13 Contest mail-in
21 Slants
22 Recently (2 wds.)
23 Studies hard
24 Wheel spokes
25 Nutty
29 Chill, so to speak
30 Folger's Mrs.
32 Ceremony
33 Teeming with
34 Chatty pets
35 Chew the scenery
36 Women of rank
42 Kaffeeklatsch goody
46 They're given away
47 Rushed off
48 Took steps
49 Handbook
50 Alpha opposite
51 Tackles a bone
52 Shocking
54 Band member
55 Tea containers
59 KLM datum
60 Fish catcher
61 Dart-thrower's quaff



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hard

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metro.us/horoscopes

Aries Even if you're used to making all the rules, abide by the will of the majority. If you don't, you could be attacked for defending an untenable position.

Taurus When it comes to career situations, keep your guard up and be ready to fight or change course. Opposition from several unexpected sources is extremely probable.

Gemini Do not discuss your ideas with others, especially with someone who is known to plagiarize. This person will be true to form.

Cancer Be careful about getting involved in a tricky financial arrangement. It could be a ploy to demand an even larger cash outlay from all participants in the near future.

Leo Avoid teaming up with an individual who is known to be underhanded. You won't be very comfortable watching this person operate.

Virgo Guard against a strong inclination to make things much harder on yourself than they need to be. A tendency to do so would definitely impede your progress.

Libra Be extremely selective regarding any social invitations you might receive. There's a strong chance you could get caught up in a group of people that you won't like at all.

Scorpio Both you and your special someone must be of the same mind-set. Discord could occur if one decides something without the consent of the other.

Sagittarius Generally, you love endeavors of a mental nature, but since your powers of concentration are not apt to be up to par currently, you should be careful.

Capricorn Don't open your wallet to someone who never makes good on debts. If you do, you'll just be reinforcing this person's bad habit.

Aquarius Don't let a co-worker whose abilities are not up to your standards become empowered to dictate the collective course of action. Be firm and remain in control.

Pisces If you are impelled to work on tasks that you find distasteful, there's a chance your performance won't be up to its usual high standard. EUGENIA LAST

Yesterday's answers

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O	G	E	E		O	P	I	N	E		E	C	R	U
L	E	A	N		C	O	M	E	S		W	H	E	E
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A	S	H	E		T	E	A	L	S		D	E	A	N

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